## On Construction of Excellent Learning Style in Universities Based on "Sanquan" Education

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**Abstract:** Learning atmosphere construction in universities is a key point for setting up a long-term mechanism of "Sanquan education" and a powerful guarantee for improving the quality of talent training. Improving the learning atmosphere can not only promote universities to cultivate high-quality students with both ability and political integrity and comprehensive development, but also guide teachers to develop themselves by learning and teaching virtuely, so as to become excellent educators. Based on the importance and necessity of learning atmosphere construction, this article analyzes the existing problems in the construction of style of study in universities, and proposes a model for optimizing learning atmosphere construction in universities, hoping to provide a useful reference for universities to improve the quality of education.

#### 1. Introduction

Learning atmosphere construction is the foundation and prerequisite for the formation of an honored university spirit as well as the key to cultivating high-quality talents. The "issues of the Ministry of Education on Comprehensively Improving the Quality of Higher Education" pointed out that the fundamental task of universities is to cultivate talents and promote the overall development of people. Sanquan Education means all members, all the way, and all-round education". The core of "Sanquan Education" is to cultivate high-quality talents and improve the quality of talent training. In teaching practice. Learning atmosphere construction is the basic factor that affects the quality of teaching, Excellent learning style is the prerequisite and basis for cultivating talents. Learning atmosphere construction requires the cooperation and joint efforts of universities, teachers, and students. Therefore, an optimized model of trinity among universities, teachers, and students is formed based on the concept of Sanquan education", thus the university spirit, teaching style, and learning style are integrated to build a comprehensive teaching style, campus culture, teaching effects, management services, and technological innovation.

### 2. The Importance and Necessity of Learning Atmosphere Construction

Learning atmosphere construction is the temperament and soul of a university as well as the foundation of a university. Excellent Learning Style is a huge and invisible spiritual force that is imperceptible, which inspires students to work hard and grow up healthily. It is an important symbol of the goal and quality of talent training in universities. The all-round development of universities not only depend on a strong teaching staff, advanced teaching equipment and a good learning environment, but also Excellent learning style. Learning atmosphere construction goes hand in hand with development of universities. The concept of "Sanquan Education" is an innovative mode of talent training in universities, and its core is to train high-quality talents. With the modern development, the concept of "Sanquan Education" has increasingly demonstrated its importance to the higher education.

### 3. The Main Problems in Learning Atmosphere Construction

Excellent Learning Style is the fundamental guarantee for improving the quality of education and teaching. Whether it can create a good academic atmosphere is related to the scientific development

of higher education and the success or failure of education. At present, there are mainly the following problems in learning atmosphere construction

### 3.1 Students' Learning Goals, Learning Methods and Learning Attitudes

First of all, some students are not clear about their learning goals and lack of initiative in learning. The survey shows that nearly half of the students who have clear learning goals and hope to improve their abilities through learning. One-third of those who read books for reasons such as unclear learning goals, following the trend, and responding to the expectations of their parents. Due to the unclear learning goals, these students lack motivation and enthusiasm for learning. Phenomenon such as being late, leaving early, absenteeism, and plagiarizing homework often occur. Secondly, some students have improper learning methods. Inappropriate learning methods, lack of interest in learning, and fail to listen carefully in class, sleep, chat, play with mobile phones, etc. The learning effect cannot be guaranteed. Once again, very few students have speculation in learning. This part of the students usually lacks initiative in learning, equating learning with course assessment, lack of solid knowledge, low comprehensive quality, and poor professional level and ability. They will even take risks in order to pass the assessment, and respond to various assessments by cheating on exams, and lack of integrity and morality.

## 3.2 Teachers' Teaching Quality, Teaching Level and Teachers' Morality and Style

At present, college teachers have to undertake heavy teaching tasks and also engage in scientific research. Some teachers emphasize scientific research and neglect teaching, and lack of energy in teaching, resulting in unsatisfactory teaching quality and effects; some teachers need to improve their professional ability. Some teachers have a single teaching method, "indoctrination" teaching throughout the class, lack of classroom interaction, and some teachers let students play mobile phones, sleep in class, which seriously affects the formation of Excellent learning style. The teaching methods adopted by some teachers are dogmatic, which seriously affected the students' interest in learning, and the students' learning effects are therefore affected. Finally, the ethics and style of some teachers need to be continuously improved.

## 3.3 The Comprehensive Quality of Campus Environment, Campus Management Services and Related Staff

The universities development in the social transformation period is stuck in a more complicated external environment, and the negative changes in the external environment have indeed increased the difficulty of teaching to a certain extent. The relative lag of management and service concepts also hinders the construction of academic atmosphere and directly affects the development of learning atmosphere construction.

# **4.** Based on the Concept of "Sanquan Education", the Establishment of Excellent Learning Style Model in Universities

The education concept of "all staff, whole process, and all-round" provides strong support for the construction of learning atmosphere, and also clearly points out the path of academic atmosphere construction. Universities should aim at creating an excellent academic atmosphere to promote academic philosophy, adhere to thinking as the guide, Based on the prerequisite of teacher ethics and ethics and environmental education students as the main body, universities should be full participation, full control, all-round guidance, consolidate the foundation for Excellent Learning Style, and then promote learning atmosphere construction. With teaching reform as the driving force and technological innovation as the boost, the construction model should start with the "Five Excellent" project, that is, "Excellent Teachers' Ethics, Excellent Campus Culture, Excellent Teaching Effects, Excellent Management Services, and Excellent Scientific and Technological Innovation". This paper analyzes the problems existing in learning atmosphere construction, and constructs the "five-sphere" path for establishment of Excellent Learning Style model, as shown in Figure 1.

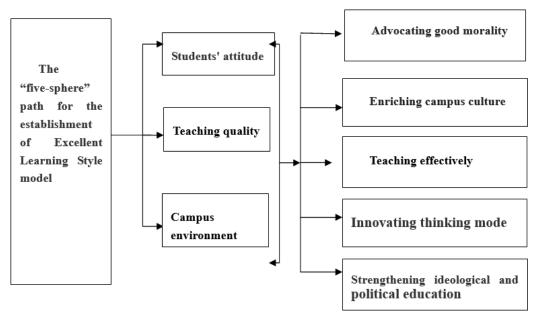


Figure 1 The "five-sphere" path for the establishment of Excellent Learning Style model in universities

## 4.1 Advocating Learning Atmosphere with Good Morality

The implementation of various rules and regulations and the implementation of teaching reform are inseparable from the cooperation of teachers. On the one hand, universities should improve the teacher's teaching evaluation mechanism, establish a strict reward and punishment mechanism, and use the system to restrain teachers' teaching behavior. On the other hand, it is necessary to select teachers' morality pacesetters with high moral quality, good teaching effect, and strong affinity from universities, so as to provide reference for universities to carry out teacher's morality education activities. Universities can organize famous teacher forums, teaching competitions, advanced model publicity, warning education and other activities, so that teachers can establish a rigorous academic attitude, noble academic spirit, and further optimize teachers' ethics and style. Universities can also assess teachers' teaching goals, classroom teaching, which continuously strengthen teachers' professional awareness of "studying as the foundation and educating people as the foundation", improve teachers' professional qualities, update educational and teaching concepts, improve teaching methods, and enhance teaching effects, and further Optimize the teaching style of teachers.

### 4.2 Enriching Campus Culture for Creating a Good Environment

Campus culture, jointly created by the school, is the embodiment of the school's spirit and plays an important role in promoting learning atmosphere construction, which is not only classroom learning, but also a corresponding campus environment. First of all, Universities should give full play to the leading role of party building culture in the Excellent Learning Style, give full play to the party's organizational advantages and the vanguard and exemplary role of student party members, and provide strong leadership and a strong guarantee for the construction of academic style. Secondly, the construction of campus culture should focus on talent training, with the main goal of improving the overall quality of students. The formation of Excellent Learning Style is gradually formed by implementing education through a certain form of activity carrier, Such as holding quality lecture halls, various art and sports activities, various debate competitions, speech contests, etc., which aimed at stimulating students' enthusiasm for learning; at the same time, to carry out various social practices and voluntary service activities to test students' learning effects in practice. These spiritual cultures can cultivate students' hearts and promote the formation of learning atmosphere construction. Through participating in various activities, students discover their own interests and strengths, thereby stimulating the motivation to make progress. The interaction between classes helps to cultivate students' collectivism and the spirit of solidarity and mutual assistance, enhance class cohesion, and form a good class atmosphere, so that students can influence each other and make progress together.

### 4.3 Optimizing the Learning Style for Effectively Teaching

Guided by the innovative talent training model, universities should continue to deepen teaching reforms, focus on the combination of teaching, unity of knowledge and practice, and teach students in accordance with their aptitude to meet the individual development needs of students. Teaching reform should not blindly seek novelty, but must combine the actual development of the school, in line with the concept of serving students, through teaching reform to stimulate students' interest in learning, and improve students' learning initiative. Secondly, teaching reform should focus on the practicality of the curriculum Sexual, systematic, and contemporary. Constructing innovative teaching methods in the era of big data supported by the construction of digital resources, continuously strengthening the construction of teaching management information, and comprehensively improving the level of teaching management. In addition, establish a teaching evaluation system. The teaching effect is evaluated from the two dimensions of teachers and students, combining student evaluation of teachers with teacher evaluation of students, scientifically and rationally designing an evaluation index system, so that teachers and students have a benign interaction.

### 4.4 Innovating Thinking Mode for Promoting Excellent Learning Style

Universities should actively build a platform for providing support for students to participate in scientific and technological innovation activities. Through the improvement of the reward system, excellent teachers are encouraged to guide outstanding students to encourage to participate actively, so as to improve the quality of students in all aspects. Colleges can carry out various scientific and technological competition activities, set up competitions around the characteristics of the disciplines to provide students with more opportunities to participate in the competition and improve students' innovative ability. Universities can promote and display various science and technology competition award-winning students, instructors, and award-winning works to create a strong atmosphere where everyone knows and everyone participates, and further enhances students' enthusiasm for learning. In order to ensure the implementation effect, it can be implemented jointly by the departments of student management, teaching management, scientific research and other colleges.

## 4.5 Strengthening and Improving Ideological and Political Education

The construction of learning atmosphere is the essential question of epistemology, which is manifested in the relationship between theory and reality, subjective and objective, and also in the relationship between scientific rationality and value rationality. Different styles of study reflect different values, and changes in values restrict the change of style of study. Therefore, strengthening and improving the work of ideological and political education is a fundamental measure to strengthen learning atmosphere construction. In view of the problems existing in the current learning atmosphere construction in universities, the focus should be on strengthening the education of college students' outlook on life and values. At the same time, the work of reasoning and puzzle-solving should be carried out in a timely manner, and the unfavorable factors affecting the enthusiasm of learning should be eliminated for correctly guiding students to strive for knowledge, handle the relationship between immediate and long-term interests, personal interests and collective interests. As soon as students enter the school, they should immediately carry out ideal education, school spirit and discipline education, publicize some examples of hard study, and provide scientific learning guidance. Students should be aware of the differences in learning methods at different stages and have a comprehensive and correct understanding of the learning goals.

### 5. Conclusion

Learning atmosphere construction is a systematic project, and it is also a project of continuous construction. With the changes of the times, new characteristics are presented. Universities should implement the educational concept of "Sanquan education" according to the requirements of the

new era and the laws of education. Concentrate the participation of all teachers, students and social resources of universities, integrate learning atmosphere construction throughout the whole process of education and teaching, proceed from the goal of morality, intelligence, physical beauty, and cultivate outstanding talents with both ability and political integrity in an all-round way. Improve the guarantee role in the quality of talent training, so that the overall level of school development quality is continuously improved.

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